

If you would like perhaps you could join me in praying the Angelus prayer I your homes at 9am, 12 noon and 6pm. The prayer is printed below.

The Angelus

The Angel of the Lord Brought tidings to Mary
And she conceived by the Holy Ghost
Hail Mary full of grace the Lord is with thee
blessed art thou amongst women and blessed is the fruit of thy womb
Jesus.

Holy Mary Mother of God pray for us sinners now and at the hour of our death. Amen.

Behold the handmaid of the Lord
Be it unto me according to thy word
Hail Mary...

And the Word was made flesh
And dwelt among us
Hail Mary...

Pray for us O Holy Mother of God
That we may be word worthy of the promises of Christ

Pour forth we beseech thee O Lord thy grace into our hearts, that as we have known the incarnation of thy Son Jesus Christ by the message of an Angel. So by his Cross and Passion we may become partakers of everlasting life. Through the same Christ our Lord. Amen.